

## THE EFM FOUR-SOURCE MODEL

### ACTIONS

What we do

What we experience

Thoughts associated with actions

Feelings associated with actions

Perspectives associated with actions

Sounds like . . .

    "I remember . . ."

    "My thoughts were . . ."

    "I felt . . ."

    "I did . . ."

### POSITIONS

What we consciously argue for

Our attitudes

Our opinions

Our beliefs

Our convictions

Sounds like . . .

    "I believe . . ."

    "I know that . . ."

    "That's the way it is . . ."

    "It's true that . . ."

Top half = our personal experience

Bottom half = what we receive from the world

### CULTURES

Almost all the objective content

Attitudes and opinions generally held in a society

All the aspects of life we do not think of as part of our Christian Tradition.

Often involves mixed messages, like a picture of a creche with Santa

### TRADITIONS

Content of the Christian heritage

Bible, Liturgies

Stories, documents, music

Artifacts, history of Christianity

Conveys truth & meaning

Evokes an . . .

    awareness of the Holy

    experiences of awe

    a sense of God's presence